

PHOTO- WALK



THIS MATERIAL WAS CREATED AS A NEED ASSESSMENT TOOL WITHIN THE INTERNATIONAL PROJECT "WE ALL BELONG HERE: CREATING SAFE AND DIVERSE CITY SPACES"

PHOTO-WALK

WHAT IS IT?

THIS IS THE REFLECTIVE EXERCISE, BASED ON
THE CONCEPT OF THE MONOMYTH/
THE HERO'S JOURNEY (JOSEPH CAMPBELL) AND THE METHOD OF ECOTHERAPY (BILL PLOTKIN)
COMBINED WITH
THE PARTICIPATORY PHOTOGRAPHY METHOD

DEFINITELY YES, IF YOU'RE A NEWCOMER IN THE CITY, OR HAVE BEEN LIVING HERE FOR SOME TIME,
BUT STILL DON'T FEEL THAT YOU'RE COMPLETELY ASSIMILATED, OR JUST WANT TO FIGURE OUT MORE
ABOUT YOUR FEELINGS IN A PLACE THAT ISN'T YOUR HOMELAND

IS IT FOR ME?

HOW CAN I CARRY IT OUT?

YOU WILL NEED THE HERO'S JOURNEY POSTER AS A REFERENCE CIRCUIT AND THE REFLECTIVE QUESTIONS.
THEN TAKE YOUR CAMERA OR SMARTPHONE (NO REQUIREMENTS FOR ITS QUALITY), PUT ON CLOTHING
SUITABLE FOR THE WEATHER, AND HIT THE ROAD!

HERE!
JUST LOOK BELOW!

WHERE CAN I FIND AN EXAMPLE?

1. WHY AM I HERE, IN THIS CITY, IN THIS PLACE, WITH THESE PEOPLE? HOW HAVE I GOT HERE?
2. HOW COMPLICATED/CHALLENGING WAS IT TO DECIDE TO START THIS "JOURNEY" TO THIS CITY? WHAT WERE THE OBSTACLES? WHY DID I FINALLY MAKE A DECISION AND NOW I'M HERE?

3. DO I HAVE ANY FEARS, ANXIETY, CONCERNS RELATED TO THIS CITY, CULTURAL AND SOCIAL SPACES? WHEN HAS THIS FEELING APPEARED? WHAT IS IT ABOUT?

4. WHEN HAS MY ACQUAINTANCE WITH THIS CITY STARTED? WHAT DO I EXPECT FROM THIS "JOURNEY"? DO I HAVE A GOAL THIS WAY? WHAT IS IT?

5. AM I READY TO OVERCOME THE OBSTACLES ON THE WAY TO MY GOAL? HOW MANY EFFORTS AM I READY TO MAKE?

6. ARE THERE ANY PEOPLE NEXT TO ME, WHO ARE READY TO SUPPORT ME, TO HELP? ARE THERE ANY PLACES IN THIS CITY, WHERE I FEEL SAFE, CALM, CONFIDENT, RELAXED? WHO ARE THESE PEOPLE, WHAT ARE THESE PLACES?

7. WHAT KNOWLEDGE AND SKILLS (OR, MAYBE, IT IS MORE ABOUT EMOTIONS, FEELINGS, IMPRESSIONS) DO I WANT TO OBTAIN DURING THIS "JOURNEY" TO THIS CITY? OR, MAYBE, DO I WANT TO GET RID OF SOMETHING AND TO MOVE FURTHER?

8. WHAT IN THIS CITY, IN THESE CULTURAL AND SOCIAL SPACES IS MY BIGGEST CHALLENGE? WHAT IS THE MOST COMPLICATED FOR ME?

9. WHAT DO I MISS IN THIS CITY TO FEEL SAFE, CALM, CONFIDENT?

10. WHAT IS THERE AT THE END OF THIS ADVENTURE? WHAT WILL HAPPEN, WHEN I OVERCOME ALL THE OBSTACLES IN THIS CITY, IN THESE NEW CULTURAL AND SOCIAL SPACES? WHAT KIND OF PERSON WILL I BECOME?

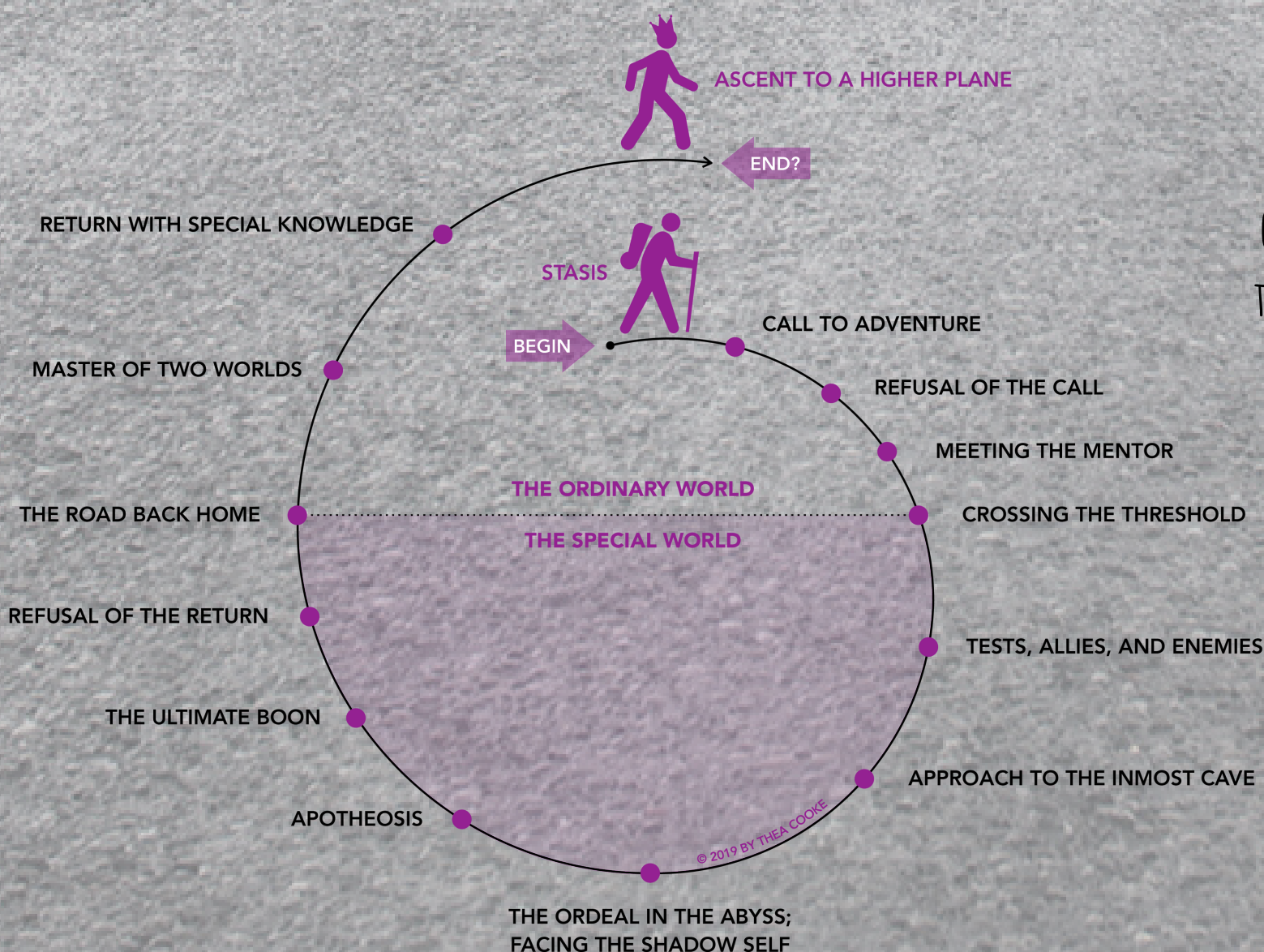


PHOTO-WALK

PERSONAL EXPERIENCE

MOREOVER, I EXPECTED THIS EXERCISE WOULD HELP ME TO BECOME MORE AWARE OF MYSELF. AND SO IT HAPPENED!

I WANTED TO TAKE PART IN PHOTO-WALK BECAUSE EVERYTHING NEW EXPANDS OUR HORIZONS.

I ALSO LIKE TO MEET PEOPLE AND I WAS INTERESTED TO KNOW WHAT DIFFICULTIES STUDENTS FROM DIFFERENT COUNTRIES FACE. PERHAPS I COULD HELP THEM LEARN MORE ABOUT OUR CULTURE!

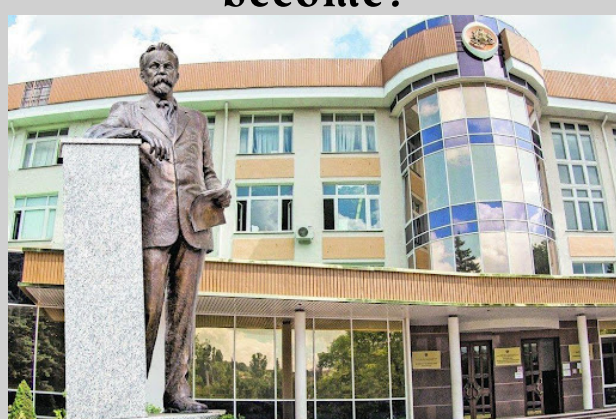
HI EVERYONE!

MY NAME IS NASTIA, I'M 19 AND I MOVED FROM KRASNOYARSK TO SIMFEROPOL ONE YEAR AGO.



NASTIA PARTICIPATED IN PHOTO-WALK IN A GROUP OF INTERNAL AND EXTERNAL MIGRANTS

10 What is there at the end of this adventure? What will happen, when I overcome all the obstacles in this city, in these new cultural and social spaces? What kind of person will I become?



My "adventure" will end with my studies, I think I'll become more mature, wiser, and more confident.

NEW CHALLENGE

1 Why am I here, in this city, in this place, with these people? How have I got here?

I entered the Faculty of Psychology in Simferopol. At the end of August last year, an 8-hour flight from Krasnoyarsk to Crimea was waiting for me.



2 How challenging was it to make a decision to start this "journey" to this city? What were the obstacles? Why did I finally make a decision and now I'm here?

It was easy for me to make this decision, in Krasnoyarsk nothing kept me. My relationship with my parents is a bit tense, so I wanted to go away to separate myself from them as comfortably as possible.



3 Do I have any anxiety, concerns related to this city, cultural and social spaces? When has this feeling appeared? What is it about?



I do not have any worries, concerns, and fears associated with this city. Sometimes I feel uncomfortable because the infrastructure and climate are very different from the city in which I grew up.

4 When has my acquaintance with this city started? What do I expect from this "journey"? Do I have a goal (or goals) on this way? What is it?

Only the University connects me with this city, so my acquaintance with the city began with my admission. My only goal is to get a diploma to enter the magistracy in St. Petersburg.



5 Am I ready to overcome the obstacles on the way to my goal? How many efforts am I ready to make?

I am ready to give my best to achieve my goals.



6 Are there any people next to me, who are ready to support me, to help? Are there any places in this city, where I feel safe, calm, confident, relaxed? Who are these people, what are these places?

For me, the concept of "closeness" is relative, so people who are ready to support me are always next to me. If the question is whether there are such people in Simferopol, then I would answer that they are. The most comfortable and safe place in the city is the apartment I rent.



FRIENDS AND MENTORS

CONTRIBUTIONS

EXPECTATIONS

FEARS

CROSSING THE THRESHOLD

CALL TO ADVENTURE

STASIS



NEW ME

SUGGESTIONS

CHALLENGES

GOALS



Most likely, I want to become more self-reliant and independent of my parents materially, and I also want to learn how to live in the moment without worrying too much about the future.

7 What knowledge and skills (or, maybe, it is more about emotions, feelings, impressions) do I want to obtain during this "journey" to this city? Or, maybe, do I want to get rid of something and to move further?

9 What do I miss in this city in order to feel safe, calm, confident, relaxed? In my opinion, this city needs traffic's improvement



8 What in this city, in these cultural and social spaces is my biggest challenge? What is the most complicated for me? I do not face difficulties in this social and cultural environment.